



The Lancet at the Tec: Next 1000 days of childhood are key to life

[Tec de Monterrey](#) has hosted the Mexican launch of **The Lancet Series: *Early Childhood Development and the Next 1000 Days***, which covers ages 2 to 5 years.

During the presentation, the authors explained why it's crucial to invest in this window of opportunity, as it's a unique time to **foster good nutrition, learning**, and physical and mental **health**.

The participants included two of the series' main authors:

- [Catherine Draper](#), Associate Professor at the University of the Witwatersrand, South Africa, and
- [Milagros Nores](#), Co-Director at the National Institute for Early Education Research (NIEER).

READ THE COMPLETE ARTICLE ON THE TECSCIENCE WEBSITE: